



## 2010 Volunteer Registration Form

**Return form to:** Heidi Chynoweth PHONE: 970-248-6937  
 Email: Heidi.Chynoweth@mesacounty.us

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

# of years as a Health Fair Volunteer: \_\_\_\_\_ Volunteer Position(s): \_\_\_\_\_

**Health Fair Volunteer Positions:** Please check which days you can volunteer

Early Blood Draw Pre-Registration (8:30am-12:30pm)		
February 1	February 2	February 3

Early Blood Draw Pre-Registration (12:30pm-4:30pm)		
February 1	February 2	February 3

Early Blood Draw Days					
Position	February 15	February 16	February 17	February 18	February 19
Volunteer Check-In/Out					
Cashier					
Form Check					
Paperwork assistant					
Inside line monitor					

Health Fair Pre-Registration (8:30am-12:30pm)		
March 1	March 2	March 3

Health Fair Pre-Registration (12:30pm-4:30pm)		
March 1	March 2	March 3

Health Fair March 12-13		
Position	Friday, March 12	Saturday, March 13
Volunteer Check-In/Out		
Cashier		
Form Check		
Paperwork assistant		
Inside line monitor		
Outside traffic monitor		
Height/Weight/Body Mass Index		
Vision Screening		
Centrifuge		
Phlebotomists		
Pulse/Blood Pressure		
Volunteer break room food service		

**Yes, I want to help with set-up/tear down March 11 and March 13 \_\_\_\_\_**

# Grand Valley Health Fair

## Early Blood Draw

February 15 – 19                      7:00 a.m. – noon

Mesa County Health Department

Attendance Option: By Appointment ONLY

## Health Fair

March 12 – 13                      7:00 a.m. – noon

Central High School

Attendance Options: By Appointment or Walk-In

## Information on Screenings and Costs

(Only one appointment is needed to cover these tests)

**Blood Chemistry Screening (Blood Draw)** Get a baseline check on your overall health with this screening. Having baseline information on your cholesterol, blood glucose, liver, kidneys, and more. These screenings can help you and your doctor monitor your health and prevent health issues from becoming emergencies. Information from this screening can also be used to complete your employers' Health Risk Assessments (HRA). **(Cost: \$30.00)**

**Prostate Specific Antigen (PSA) (Men Only Blood Draw)** Recommended for males 40 and older with risk factors, or all males 50 and older. PSA is a blood screening that measures a protein that is only produced by the male prostate gland. Elevations of PSA may occur in men with non-cancerous prostate diseases or prostate cancer. A normal PSA level does not entirely exclude the possibility of prostate cancer. A digital rectal exam (DRE) is strongly encouraged in conjunction with PSA screening. All elevated values should be reported to your health care provider for further evaluation. **(Cost: \$25.00)**

**Blood Count Screening (Blood Draw)** This screening gives you a general picture of your overall health by checking your white blood cells, hematocrit, hemoglobin levels, and blood-clotting abilities. Your body's ability to fight infection, anemia, liver disease and certain cancers can be discovered with this screening. **(Cost: \$15.00)**

**For More Information:    Call 211**

**Online at <http://www.mesahealth.org>**

**Yes, I want to help with set-up/tear down March 11 and March 13 \_\_\_\_\_**